



ENERGY POWER TOOLS FOR NOW

THURSDAYS, SEPT 14, 21, 28, OCT 5, 12, 2023
4:30 to 6:00 PM PST

Presented by Susan Ezra, RN, NC-BC, ACC, on ZOOM

Learn transformational energy tools shared in a group coaching setting. Feel supported and be inspired by the group. Open to unlimited possibilities, raise your energetic awareness to transcend these tumultuous times and Thrive!

During these 5 power packed group sessions, we will explore:

- Quantum Physics and a Vibrational Meditation
- Heart Math Principles and Heart-Brain Coherence
- Meridian Energy Channels and Chi Gong for Vitality and Health
- Chakra System and a Meditation to Super Charge the Chakras
- Power of the Imagination and 4 Imagery Tools

Cost: \$149 for all 5 sessions. Pay by check or on website. No refund after 9/14/23.

In gratitude and respect to Dr. Linda Bark and Dr. Colleen Delaney who developed the original course and wish to share with the world.

**FEEL THE
POWER OF
GROUP ENERGY!**

**EMPOWER
YOURSELF WITH
INNER AND
OUTER
RESOURCES!**

Register at:
WWW.SUSANEZRA.COM

By 9/10/23 on
Events/Workshops page