

Imagery International

Enlivening the Mind-Body-Imagery Connection



October 20-22, 2017

Vallombrosa
Retreat Center

Menlo Park, CA

Working with imagery is a life practice that takes many forms and is offered through many venues. This year Imagery International invites participants to build practical skills for self exploration and working with others through the dynamic mind-body-imagery connection!

There is a life-force
within your soul,
seek that life.
There is a gem in the mountain
of your body,
seek that mine.
O' traveller
if you are in search of that,
don't look outside,
look inside yourself
and seek that.

Rumi

Our speakers offer:

Accessing Your Cellular Wisdom

Sondra Barrett, Ph. D., Author, Medical Scientist

Sondra offers an incredible journey into the invisible cellular universe on an expedition of somatic discovery.

Resetting the Brain's Default Mode

Eve Delunas, Ph. D., MFT, Author

Blending imagery and body-focused techniques, Eve teaches skills to reprogram the default settings that have been learned over time as individuals adapt to trauma, difficult or confusing early life experiences.

Body Mapping: An Internal Exploration of Imagery

Susan Robertson, Ph. D., CPA/MBA

Body Mapping is a lively therapeutic tool for story-telling through art and narrative therapy to gain understanding of oneself and one's body.

Elevating Healing through Color Consciousness

Constance Hart, Color Therapist

This session teaches us about the use of color as a dynamic process for healing as applied to guided imagery for self and others.

Body Image, Body Imagery

Chantal Peterson, BS, Creative Director

Through somatic experiences and the imagery that arises, we will explore the myths and history of engrained cultural perspectives regarding the female body image.

Art and Life: Tapping into Your Creative Power

Darlene Frank, B.A., Author,
Certified Creativity Coach, Scriptwriter

Darlene invites participants to focus upon imagery related to the body and creative expression through writing, painting, and creating the imagery-rich life.

Visit www.imageryinternational.org to register by September 22, 2017
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